

*Advanced Orthopedics*  
***Nonsurgical & Regenerative Treatments***  
 1658 Pleasure House Rd, Suite 104  
 Virginia Beach, VA 23455

**NEW PATIENT MEDICAL HISTORY**

Date: \_\_\_\_\_  
 Chart \_\_\_\_\_ #  
 Primary Care Physician \_\_\_\_\_

Patient's Name \_\_\_\_\_ Ref Physician \_\_\_\_\_  
 Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ Weight \_\_\_ Height \_\_\_ Date of last tetanus \_\_\_  
 Problems with anesthesia † YES † NO If yes, explain \_\_\_\_\_  
 Current Conditions \_\_\_\_\_

Do you have an allergy to chicken and/or eggs or ever been told you should not receive the flu vaccination? † YES † NO

Allergies/Difficulty with Medications	Reaction † None	Current Medication	Dosage † None
1. _____	1. _____	_____	_____
2. _____	2. _____	_____	_____
3. _____	3. _____	_____	_____
4. _____	4. _____	_____	_____
5. _____	5. _____	_____	_____

Please Check All That Apply To You

PERSONAL MEDICAL HISTORY			
No Illnesses	Pneumonia	Bladder/Kidney Infection	Scarlet Fever
Diabetes	Tuberculosis	Arthritis	Bleeding Disorders
High Blood Pressure	Heart Attack or Heart Disease	Cancer	Intestinal Problems
Stroke	Ulcers	Mental or Nervous Disorder	Angina
Emphysema	Hepatitis	Seizures	Heart Murmurs/Valve Problems
Bronchitis	Gallbladder Disease	Venereal Disease	Other
Asthma	Pancreatitis	AIDS/HIV	Specify

SOCIAL HISTORY	
Do you smoke cigarettes?	† YES † NO
Do you drink alcohol?	† YES † NO
Do you take drugs?	† YES † NO
Marital Status	† Married † Single † Divorced † Separated † Number of Children
Are you	† Right Handed † Left Handed
How many hours a day do you stand and/or walk while at work?	† 0-1 † 1-3 † 3-5 † 5-8 While at home? † 1-3 † 3-5 † 5-8
Employment: (Type)	_____

FAMILY HISTORY (Siblings, parents and children)	REVIEW DATE
<input type="checkbox"/> No Disease <input type="checkbox"/> Kidney Disease      Other (Specify) _____ <input type="checkbox"/> Diabetes <input type="checkbox"/> Arthritis <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Asthma  <input type="checkbox"/> Heart Disease <input type="checkbox"/> Seizures <input type="checkbox"/> Cancer <input type="checkbox"/> Excessive Bleeding <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Problems with Anesthesia	Date                    Initial _____            _____ _____            _____ _____            _____ _____            _____

Physician's Signature \_\_\_\_\_

R. Michael Graham, MD, FAAOS

Previous Surgery

NONE

Dates

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

RECENT DIAGNOSTIC TESTS (Please check all that apply within the last 3-6 months):

NONE

Chest X-ray     Stress Test     Blood Work     EKG

**REVIEW OF SYMPTOMS (Please check all that apply within the last 3-6 months)**

<p><b>GENERAL</b>                    <input type="checkbox"/> None</p> <p>Fever</p> <p>Chills</p> <p>Night Sweats</p>	<p><b>HEAD</b>                    <input type="checkbox"/> None</p> <p>Headaches</p> <p>Blackouts</p> <p>Seizures</p> <p>Dizziness</p> <p>Double and/or Blurred Vision</p> <p>Ringing Ears</p> <p>Sinusitis</p> <p>Post Nasal Drip</p> <p>Sore Throat</p> <p>Hoarseness</p> <p>Cold</p>	<p><b>CHEST</b>                    <input type="checkbox"/> None</p> <p>Cough</p> <p>Cold</p> <p>Sputum</p> <p>Coughing up Blood</p> <p>Wheezing</p> <p>Shortness of Breath</p> <p>Chest Pain</p> <p>Palpitations</p> <p>Heart Murmur</p> <p>Swelling of Feet</p> <p>Rheumatic Fever</p>
<p><b>ABDOMEN</b>                    <input type="checkbox"/> None</p> <p>Nausea</p> <p>Vomiting</p> <p>Pain and/or Difficulty Swallowing</p> <p>Gas</p> <p>Indigestion</p> <p>Abdominal Pain</p> <p>Bloating</p> <p>Constipation</p> <p>Diarrhea</p> <p>Hemorrhoids</p> <p>Blood Stools</p>	<p><b>URINARY</b>                    <input type="checkbox"/> None</p> <p>Blood in Urine</p> <p>Burning with Urination</p> <p>Bladder or Kidney Infection</p> <p>Frequency and/or Difficulty with Starting Urination</p> <p>Difficulty with Leaking Urine</p> <p>Getting Up at Night to Urinate</p>	<p><b>NEUROMUSCULAR</b>                    <input type="checkbox"/> None</p> <p>Joint Stiffness</p> <p>Joint Pain</p> <p>Swelling</p> <p>Back Pain</p> <p>Varicose Veins</p> <p>Night Cramps</p> <p>Bursitis</p> <p>Tendonitis</p> <p>Raynaud's</p>
<p><b>MUSCULOSKELETAL:</b>                    <input type="checkbox"/> None</p> <p>Fracture</p> <p>Sprain</p> <p>Strains</p> <p>Dislocations</p>	<p><b>SKIN</b>                    <input type="checkbox"/> None</p> <p>Rash</p> <p>Itching</p> <p>Psoriasis</p> <p>Change in or Bleeding of Mole</p>	

**FEMALE PATIENTS**

Do you take Birth Control Pills?     YES                     NO

If YES, type \_\_\_\_\_

Do you take PREMARIN or ESTROGEN or other hormone replacements?     YES     NO

If YES, type \_\_\_\_\_

Is there any chance you are pregnant?     YES                     NO





**ADVANCED ORTHOPEDICS - NONSURGICAL & REGENERATIVE TREATMENTS  
AUTHORIZATION TO OBTAIN PROTECTED HEALTH INFORMATION**

**\*\* Please Note:** All of the following information must be completed in order to process this request.

\_\_\_\_\_  
Print Patient's Full Name

\_\_\_\_\_  
Birth Date (Mo/Day/Yr)

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
Social Security Number

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Phone Include Area Code

I, \_\_\_\_\_, authorize the facility named below,  
\_\_\_\_\_  
\_\_\_\_\_

to release my medical records as marked below, dates of ALL, to:

**Advanced Orthopedics – Nonsurgical & Regenerative Treatments  
1658 Pleasure House Rd, Suite 104  
Virginia Beach, VA 23505  
Phone: (757) 460-0434 / Fax: (757) 460-0436**

\_\_\_\_ All clinical notes, except \_\_\_\_\_ All medical reports, except \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_ All clinical notes, except \_\_\_\_\_ All medical reports, except \_\_\_\_\_  
\_\_\_\_\_

Purpose of Disclosure: \_\_\_\_\_ medical treatment / continuing care  
\_\_\_\_\_ other (please list) \_\_\_\_\_  
\_\_\_\_\_

**I, \_\_\_\_\_, authorize disclosure of protected health information on the above named patient. This authorization is valid for 6 months from the date signed. I understand I can revoke this authorization with written notification, but that it will not affect any information previously released prior to the notice of cancellation. I understand the information disclosed may be subject to re-disclosure by the person, persons or facility receiving and would no longer be protected by federal regulations. I understand the medical provider to whom this authorization is furnished may not condition its treatment on me on whether or not I sign the authorization.**

Signed: \_\_\_\_\_  
Patient or Responsible Party Date Witness

*Advanced Orthopedics - Nonsurgical & Regenerative Treatments*  
1658 Pleasure House Rd., Suite 300  
Virginia Beach, VA 23455  
(757)460-0434 Fax (757) 460-0436

## **HIPAA NOTICE OF PRIVACY PRACTICES**

**THIS INFORMATION DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.  
PLEASE REVIEW IT CAREFULLY.**

This notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TP) for purposes permitted that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected Health Information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

### **USES AND DISCLOSURES OF PROTECTED HEALTH INFORMATION**

Your PHI may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for purposes of providing health care services to you, to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

### **TREATMENT**

We will use and disclose your PHI to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your PHI as necessary, to a home health agency that provides care to you. For another example, your PHI may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

### **PAYMENT**

Your PHI will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant PHI be disclosed to the health plan to obtain approval for the hospital admission.

### **HEALTH CARE OPERATIONS**

We may disclose, as needed, your PHI in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. We may call you by name in the waiting room when your physician is ready to see you. We may use or disclose your PHI, as necessary, to contact you to remind you of your appointment.

**PLEASE TURN PAGE OVER**

**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

I, \_\_\_\_\_ have received a copy of the HIPAA notice of privacy practices and understand that protected health information may be released to other healthcare providers, hospitals, insurance companies, etc. as outlined in the privacy policy.

In general, the HIPAA's privacy rule gives individuals the right to request a restriction on uses and discloses on their protected health information. The individual is also provided the right to request confidential communications.

I wish to be contacted in the following manner:

Home/Cell Phone \_\_\_\_\_  
Authorized to leave a message                      **Y / N**

Work Phone \_\_\_\_\_  
Authorized to leave a message                      **Y / N**

May we release information to your family?                      **Y / N**

Please list any family members that we may release information to:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any family members that we **SHOULD NOT** release information to:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date